

# Crisis Services



Frontier Health Crisis Services are an extension of your outpatient team. Anyone experiencing a crisis, even those who are not currently receiving services from Frontier Health, have access to the following Crisis Services:

- 24/7 Suicide hotline and mobile crisis services for all ages
- 24/7 Walk in services for adults and children and youth experiencing a non medical psychiatric emergency
- 24/7 Crisis stabilization services for adults experiencing a psychiatric emergency

Help is just a phone call away, our staff is ready to assist you in getting the appropriate emergency psychiatric care you need.

---

**For more information, call our suicide hotline  
1-877-928-9062**

---



**Frontier  
Health®**

*Where* People Are Important

## Walk in Center

The Walk in Center is a 24/7 voluntary program providing a safe and secure environment for those experiencing a psychiatric emergency. At the Walk in Center, we provide emergency services such as: triage nursing assessment, mobile crisis assessment, discharge planning, coordination with your outpatient team, crisis management planning, medication services, prescriber evaluation, peer support, 23-hour observation, and transportation services.

Individuals served at the Walk in Center will work with a comprehensive care team who will provide options for treatment as needed. Additional care options may include the Crisis Stabilization Unit, medically monitored detox, psychiatric hospitalization or linkage to outpatient services.

## Crisis Stabilization Unit

The Crisis Stabilization Unit is a 24/7 voluntary program providing a safe and secure environment for adults experiencing a psychiatric emergency. The typical length of stay ranges between 3-5 days. Placement at the Crisis Stabilization Unit is a decision made between you and a member of the Frontier Health Mobile Crisis team.

We provide the following mental health and co-occurring substance use services: nursing assessment, daily prescriber assessment, discharge planning, coordination with your outpatient team, crisis management planning, peer support and individual, group and family therapy as needed.

**24/7 Crisis Hotline 1-877-928-9062**

## Important Numbers

Frontier Health Suicide Hotline: **1-877-928-9062**

Suicide Prevention Lifeline: **1-800-273-TALK (8255)**

Tennessee Hotline: **1-855-CRISIS-1 (274-7471)**

National Hotline: **1-800-SUICIDE (784-2433)**

### Walk in Center

Turning Point  
208 E. Unaka Ave.  
Johnson City, TN 37601  
877-928-9062

### Crisis Stabilization Unit

Turning Point  
208 E. Unaka Ave.  
Johnson City, TN 37601  
877-928-9062

Frontier Health: **frontierhealth.org**

Tennessee Suicide Prevention Network: **tspn.org**

Insight Alliance: **wcad.com**

