

# Erwin Behavioral Health Services



**Frontier Health** Strives to meet the needs of each individual; we understand that circumstances and life changes have different challenges.

- **Therapy Services:** Therapy services involve therapists assisting individuals with a variety of behavioral problems to include depression, anxiety, mood and thought disorders and substance abuse issues. This can be through individual, group or family therapy.
- **Psychiatric Services:** Psychiatrist and Nurse Practitioners are available to provide medication evaluation and monitoring for those who need medication as part of their treatment plan.
- **Care Management:** Care managers help link the individual with resources to support their mental health and medical needs and goals. This is often completed in the community or in the home.
- **Community - Based Services:** Based on need, some individuals may access other community-based services such as vocational services, housing referrals, and psychosocial rehabilitation.
- **Specialized Substance Abuse Services:** Trained substance abuse professionals assist individuals in addressing abuse and addiction issues.



## Services List

- Individual Psychotherapy
- Group Psychotherapy
- Crisis Services
- Marital & Family Therapy
- Case Management
- Care Coordination
- Consultation & Education Services
- Psychiatric Consultation
- Children & Youth Continuous Treatment Team (CTT)
- Comprehensive Child & Family Treatment (CCFT)
- Juvenile Court Services
- School Based Services
- Community Justice Services, *for more info contact:*  
**[communityjustice@frontierhealth.org](mailto:communityjustice@frontierhealth.org)**

Frontier Health accepts most private insurances, EAPs, and TennCare. Frontier Health also offers a variety of grants for those who might be eligible.

### Erwin Behavioral Health Services

218 North Main Avenue

Erwin, TN 37650

(423) 743-1470

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**24 hr Crisis Hotline**  
**(877) 928-9062**

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*This division receives funding from the Tennessee Department of Mental Health and Substance Abuse Services.*

