Improving Life Trajectories
With Youth Voice and Choice

Improving Life Trajectories

Improving Life Trajectories is a program designed to assist individuals between the ages of 16 to 25 with mental health or co-occurring disorders in maximizing their potential to assume adult roles and responsibilities and lead full and productive lives. HT-ILT is designed to implement and expand services and supports that are developmentally appropriate to support individuals as they transition from young adulthood to becoming an adult.

Our program can provide the guidance and support many young people need to negotiate the often turbulent passage to becoming full fledged independent individuals. HT-ILT provides mental health and other support services (including supported employment and education and peer support), and creates opportunities for informal peer support.
HT-ILT Initiative

The HT-ILT Initiative is a partnership between the State of Tennessee and Nolichucky Mental Health to assist the youth and young adults of Greeneville and Greene County who may be experiencing a serious mental health condition or co-occurring disorder. The initiative’s intent is improving the health and wellness of youth and young adults, leading to self-directed lives, and ultimately, helping them reach their full potential. The initiative aims to keep youth and young adults from “falling through the cracks.”

Who Do We Serve?

• Youth/Young Adults Ages 16-25
• Greene County Residents
• Looking for Extra Support
• Diagnosable Mental Health Issue

How Do We Serve?

• Medication Management
• Employment/Education Support
• Peer Support
• Case Management
• Therapy

Nolachuckey-Holston Mental Health Center
401 Holston Drive
Greeneville, TN 37743
423-639-1104

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