

# Medication Assisted Recovery (MAR) Program



The Medication Assisted Recovery (MAR) program at Frontier Health is focused on treating individuals with opioid use disorder and working with them to stabilize symptoms and increase resources to enhance recovery. Our ultimate goal is to help individuals reach their highest level of recovery possible. Treatment including group and individual therapy, Intensive Outpatient Group, Case Management, Peer Recovery, and Medication Management will be used to assist you in your recovery.

We are able to accept TennCare/Medicaid and other commercial insurances. For qualifying individuals with no insurance or who are underinsured, we have grants that can cover the cost of medication as well as Case Management, individual and group therapy, peer recovery, prescriber services, labs, drug screens, nursing, transportation, and other services for those who qualify.

Medication options include Buprenorphine (Suboxone), Naltrexone, and long acting injectable Naltrexone (Vivitrol). Please note that for those that prefer, abstinence-based programming is also available.



Treatment is a key component of this program, and **regular attendance is expected**. Frontier Health conducts frequent random observed Urine drug screens and random medication counts to ensure adherence to program.

*Please note that we do not prescribe Subutex for anyone other than pregnant women or postpartum mothers who are breastfeeding. Frontier Health will not co-prescribe Benzodiazepines (Xanax, Ativan, Klonopin, Valium) except to taper and discontinue, Gabapentin (Neurontin), or Stimulants (ADHD medication or diet pills).*

Currently we provide MAR services out of Holston Counseling in Kingsport and Watauga Behavioral Health in Johnson City.

**For those interested in the MAR program,  
please call our referral line at:**

**1-855-336-9327**

**24 hr Crisis Hotline  
(877) 928-9062**



**Holston Counseling Center**  
1570 Waverly Road  
Kingsport, TN 37664  
**Tel:** 423-224-1300  
**Fax:** 423-224-1375



**Watauga Health Services**  
109 W. Watauga Ave.  
Johnson City, TN 37601  
**Tel:** (423) 232-2600  
**Fax:** (423) 232-2646

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Department of  
**Mental Health &  
Substance Abuse Services**