

# Wise County Behavioral Health Services



## **Individual and Family Counseling**

Wise County Behavioral Health Services provides counseling and other specialized services to meet the needs of children, youth, and adults experiencing emotional, psychological, and/or substance problems. Individual, marital, family, couple, and group counseling is available. Therapists provide treatment planning, assessment, and crisis intervention.

## **Case Management**

Through this intensive community-based service case managers assist children, youth, and adults with a history of emotional and/or behavioral problems. They help plan treatment, link individuals with appropriate services, monitor progress, and advocate for the needs of the individuals.

## **C&Y Outpatient Services**

A team of master's level therapists and support staff provide services to children, youth and their families who present with a variety of behavioral health problems. The Wise County C&Y team is specifically trained in diagnosing and treating children and youth, with Evidence Based Treatment Interventions. The therapist works with the family to find solutions in individual, group and family sessions. The C&Y team also coordinates with other professionals like teachers, juvenile court staff and the family physician.

## **Children's Mobile Crisis**

services are direct interventions to children and adolescents who are experiencing serious psychiatric or behavioral problems which jeopardize their current community placement. The goals of Children's Mobile Crisis services are to provide temporary intensive services and supports to prevent emergency psychiatric hospitalization, institutional admission, or other out of home placement; ensure safety and security; and mobilize the resources of the family and community support system. The intent is to stabilize the individual and to strengthen the current living environment so the individual can be maintained during and beyond the crisis period. Interventions include Crisis Intervention, including short-term counseling.



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Health**®

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## **Substance Abuse Services**

Substance Abuse Counselors provide comprehensive treatment for youth, adults, pregnant, and postpartum women. Services include linkage to appropriate services, education, and treatment planning. VASAP (Virginia Alcohol Safety Action Program) is offered for persons with habitual and/or repeated impaired driver offenses.

## **Intensive In-Home**

Intensive In-Home Treatment is a home based family-focused program. The program is available when a family's needs exceed outpatient care, and the child is at risk of removal from the home or is returning from an out-of-home placement. This program focuses on the mental health needs of the child and assists families in functioning effectively in their home and community.

## **Early Intervention Program**

The Early Intervention Program assists infants and toddlers who experience trouble developing basic skills through a partnership between Frontier Health and the Infant & Toddler Connection.

Services include:

- Assessment
- Special Instruction
- Case Management
- Physical Therapy
- Speech Therapy
- Occupational Therapy

## **Complete Continuum of Care**

A complete continuum of care is a defining element of Frontier Health's services. Each individual needs specific forms of treatment and requires different levels of care depending on circumstances, age, and current stage of life. To address this diversity of needs Frontier Health has developed a wide range of services to benefit those served.

Frontier Health regional services available to Wise County residents through other Frontier Health programs include in-home services, preventions services, foster care, vocational rehabilitation, developmental disabilities services, and residential services.

## **Wise County Behavioral Health Services**

43 Champions Ave.

Big Stone Gap, VA 24219

Tel: (276) 523-8300 • Fax: (276) 523-6964

## **Children and Youth Services**

Tel: (276) 523-8360 • Fax: (276) 523-6962

**24 hr Crisis Hotline**  
**(877) 928-9062**

Frontier Health services in Lee, Scott and Wise counties and the City of Norton are funded in partnership with Planning District One Behavioral Health Services.

