

# Lee County Behavioral Health Services



## Individual and Family Counseling

Lee County Behavioral Health Services provides counseling and other specialized services to meet the needs of children, youth, and adults experiencing emotional, psychological, and/or substance problems. Individual, marital, family, couple, and group counseling is available. Therapists provide treatment planning, assessment, and crisis intervention.

## Case Management

Through this intensive community-based service case managers assist children, youth, and adults with a history of emotional and/or behavioral problems. They help plan treatment, link individuals with appropriate services, monitor progress, and advocate for the needs of the individuals.

## Evaluations

Licensed psychiatrists are available to meet the individual needs of adults, children, and youth to provide pharmacotherapy and/or psychiatric evaluations.

## Support Services

Individuals have access to support services or in-home services that monitor progress and medication regimen. Support service specialists, educate, train, and assist individuals with independent living and socialization skills.

## Inpatient Care

For individuals in need of inpatient psychiatric treatment, referrals are made to appropriate inpatient facilities.



## **Substance Abuse Services**

Substance Abuse Counselors provide comprehensive treatment for youth, adults, pregnant, and postpartum women. Services include linkage to appropriate services, education, and treatment planning. VASAP (Virginia Alcohol Safety Action Program) is offered for persons with habitual and/or repeated impaired driver offenses.

## **Intensive In-Home**

Intensive In-Home Treatment is a home based family-focused program. The program is available when a family's needs exceed outpatient care, and the child is at risk of removal from the home or is returning from an out-of-home placement. This program focuses on the mental health needs of the child and assists families in functioning effectively in their home and community.

## **Early Intervention Program**

The Early Intervention Program assists infants and toddlers who experience trouble developing basic skills through a partnership between Frontier Health and the Infant & Toddler Connection.

Services include:

- Assessment
- Special Instruction
- Case Management
- Physical Therapy
- Speech Therapy
- Occupational Therapy

## **Complete Continuum of Care**

A complete continuum of care is a defining element of Frontier Health's services. Each individual needs specific forms of treatment and requires different levels of care depending on circumstances, age, and current stage of life. To address this diversity of needs Frontier Health has developed a wide range of services to benefit those served.

Frontier Health regional services available to Lee County residents through other Frontier Health programs include in-home services, preventions services, foster care, vocational rehabilitation, developmental disabilities services, and residential services.

## **Lee County Behavioral Health Services**

34084 Wilderness Rd.  
Jonesville, VA 24263

Tel: (276) 346-3590 • Fax: (276) 346-3612

**24 hr Crisis Hotline**  
**(877) 928-9062 or 988**

*Frontier Health services in Lee, Scott and Wise counties and the City of Norton are funded in partnership with Planning District One Behavioral Health Services.*

