

School Based Behavioral Health Liaisons



The **School Based Behavioral Health Liaisons (SBBHL)** program provides mental health clinicians to assist schools through a wide range of services. The goal of this program is to help schools implement trauma-informed, behavioral health services for students who have, or are at risk of developing, mental health or substance use disorders. The SBBHL program provides support to teachers and school personnel through consultation and training in implementing school wide trauma-informed practices. Liaisons also provide individual and/or group interventions for students across a range of topics including developing positive coping and de-escalation strategies. Additionally, the SBBHL team can provide mental health/behavioral health screenings and assessments along with referrals for services and supports. The liaison services focus heavily on fostering positive relationships between the school and families.

For more information, contact:

Nicole Bonham (*SBBHL Program Coordinator*)
(423) 335-4377

Kaylee Murphy (*Senior Director of School Based Services*) (423) 306-1408



To make a referral for school based mental health services, please visit the link below.

frontierhealth.org/school-based-services

Schools in our region now have access to Frontier Health's TeleHelp program.

TeleHelp Crisis Counseling Services Include:

- Counseling and support to students in grades K-12.
- Coaching and brief counseling to prevent a student from reaching a serious crisis. Coaching includes help with decision making, assisting students with emotional and behavioral needs, and as needed, coordinating with parents to provide referrals for ongoing treatment.
- Consultation and training is provided by a Telehelp counselor as a resource for school counselors and administrators to discuss specific cases and provide training on a variety of topics: crisis process and intervention, debriefings, and needed therapeutic resources for at-risk students.

In the event, a student is experiencing a true mental health crisis such as expressing suicidal thoughts or behaviors, a Telehelp Counselor is qualified to assess risk level and make appropriate referrals for inpatient or outpatient treatment.

TeleHelp can be reached by calling **(423) 306-4500**

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Department of
**Mental Health &
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