

Youth Drug Prevention Program



The Youth Drug Prevention Program (YDPP) is a school-based early drug intervention program for grades 1-8. This grant funded program was created out of the need to combat youth drug use which can lead to addiction. YDPP uses research-informed curriculum endorsed by the US Department of Education and SAMHSA. The interactive and engaging curriculum focuses on positive social skills, self-concept, drug resistance skills, problem solving, goal setting, kindness, and empathy.

Our team of master level therapists present these age-appropriate intervention lessons in classrooms and small groups. In addition, YDPP therapists provide individual therapy and small social emotional learning groups on a referral basis at the school site. Our professional therapists are trained in diagnosing mental health disorders and treatment planning using a variety of empirically supported interventions.

For more information, contact:

YDPP Program Coordinator
423-426-7241

Senior Director of School Based Services
423-306-1408



To make a referral for school based mental health services, please visit the link below.

frontierhealth.org/school-based-services

Schools in our region now have access to Frontier Health's TeleHelp program.

TeleHelp Crisis Counseling Services Include:

- Counseling and support to students in grades K-12.
- Coaching and brief counseling to prevent a student from reaching a serious crisis. Coaching includes help with decision making, assisting students with emotional and behavioral needs, and as needed, coordinating with parents to provide referrals for ongoing treatment.
- Consultation and training is provided by a Telehelp counselor as a resource for school counselors and administrators to discuss specific cases and provide training on a variety of topics: crisis process and intervention, debriefings, and needed therapeutic resources for at-risk students.

In the event, a student is experiencing a true mental health crisis such as expressing suicidal thoughts or behaviors, a Telehelp Counselor is qualified to assess risk level and make appropriate referrals for inpatient or outpatient treatment.

TeleHelp can be reached by calling **(423) 306-4500**